

The 24th annual *Forest City* *Feis*

Saturday May 1, 2010

Deadline for entries April 14, 2010

After April 14th, Entries accepted only with
\$10 late fee until April 23, 2010
NO DAY ENTRIES OR CHANGES ON DAY OF FEIS
No refunds

Progress Building,
Western Fair Association
London, Ontario

Feis begins at 8:30am
Doors open at 7:45am

Tony Nother, Chairperson
Eileen Doyle, Entry
Secretary

600 CAP

2010 NAFC Irish Dance Championships

Gerry Campbell Perpetual Belt

"The North American Senior Irish Dance Championship"
Feile Samhain, Portland Oregon, USA, October 30, 2010

Robert Gabor Perpetual Trophy

"The North American Junior Irish Dance Championship"
Feis Baile Ros, Ontario Canada, August 14, 2010

George Sweetnam Memorial Trophy

"The North American Minor Irish Dance Championship"
Chicago Autumn Feis, Lynnwood, IL, USA, November 6, 2010

Member of the North American Feis Commission
President: Pat Watkins
Member of An Coimisiun, Dublin, Ireland

Entry Fees

Music/Vocal Competitions	\$8.00
Figure Dances	\$8.00
Solo Competitions	\$8.00
Preliminary Championships	\$27.00
Open Championships	\$35.00
Family Maximum	\$90.00
Family Door Fee (mandatory)	\$15.00/family
Late Fee (enforced after April 14)	\$10.00

Please note there are **NO REFUNDS** whatsoever

Make cheques payable to FOREST CITY FEIS

Mail completed entries to:
Eileen Doyle, Entry Secretary
Forest City Feis
301 Winnipeg Boulevard
London ON
N5W 4V1
(519) 659-1515
email: forestcityfeis@rogers.com

The syllabus is also available at the following websites:
www.forestcityfeis.com and www.efeis.com

Please read the following: Please note email and phone entries will not be accepted. Entries will be considered accepted only if all areas of the form are CLEARLY filled out and the entry is paid in full. All entries for Family Maximum must be received in the same envelope. All entries must be printed clearly, one official form per dancer (photocopies of original form accepted). All entries must include \$15 family door fee or registration will not be considered.

ENTRY DEADLINE APRIL 14, 2010.

Entries must include \$15 late fee per dancer or up to a maximum of \$30/family if postmarked after April 14, 2010. Absolutely no entries will be accepted after April 23rd, 2010. Any entry postmarked after this date will be discarded. NO DAY ENTRIES OR CHANGES ON DAY OF FEIS. US money at par.

No photography or video recording of any kind is permitted while dancer is performing.

Directions:

Exit Hwy. #401 at Wellington Road North
Proceed to downtown and pass under railway bridge
Take the first turn right on to York Street heading east
Western Fair Grounds is approximately two kilometers east
Plenty of free parking!

FOREST CITY FEIS ENTRY FORM

DANCER NAME _____
DATE AND YEAR OF BIRTH _____ M _____ F _____
DANCE SCHOOL _____
PHONE# _____
EMAIL ADDRESS _____
HOME ADDRESS _____
CITY _____ PROV/STATE _____
POSTAL/ZIP CODE _____

Category	Competitions	Amount @/	#	Total =
Music/Vocal		\$8.00 x		
Figure Dancing		\$8.00 x		
Special Child		FREE		
Solos (Non-Championship Dances, Treble Reels, Prelim Sets)		\$8.00 x		
Preliminary Championship		\$27.00		
Open Championship		\$35.00		
SUBTOTAL or Family Max* @ \$90.00	*See Below			
FAMILY DOOR FEE	Must be Included with entry	\$15.00	1	\$15.00
LATE FEE	Enforced after April 14, 2010	\$10.00		

GRAND TOTAL	Subtotal/Fa mily Max + Family Door Fee + Late Fee			
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* Family Max Does Not Include Family Door Fee
or Late Fees

**Please make cheques payable to FOREST
CITY FEIS**

Mail completed entries to:
FOREST CITY FEIS
Eileen Doyle, Entry Secretary
301 Winnipeg Blvd
London ON
Canada
N5W 4V1

*Entries will be considered accepted only if all
areas of the form are CLEARLY filled out and
the entry is paid in full
including the Family Admission Fee and any
applicable Late Fees. Please note there are
NO REFUNDS whatsoever*

MUSIC/VOCAL COMPETITIONS

The following are the music requirements for this year's competitions:

- Under 15: two pieces including a reel or jig, slow air or march.
 - 15 and over: three pieces including a jig, a reel, slow air or march.
 - Singing all ages - please submit three pieces, sing one of your one choice and one as selected by the adjudicator.
- Music competitions will commence at 11:00 am and will continue throughout the day.

\$8.00/Competitor

Under 15 Instrument	MUS 15
Over 15 Instrument	MUS 99
Under 15 Vocal	VOC 15
Over 15 Vocal	VOC 99

FIGURE DANCES

4-hands must be from *Ar Rincí Fóirme* (latest edition).
Please indicate the names of each dancer on each team
Figure Dancing begins at 8:30 on all Non-Champ Stages

\$8.00/Competitor

AGE	2 Hand Reel	3 Hand Reel	4 Hand Reel or Jig
Under 9	F9-2	F9-3	F9-4
Under 12	F12-2	F12-3	F12-4
Under 15	F15-2	F15-3	F15-4
15 & Over	F99-2	F99-3	F99-4

SPECIAL CHILD COMPETITION

Free - open to physically or developmentally challenged competitors

SC18

SOLO COMPETITIONS

All Solo competitions will begin immediately following Figure Dancing.

Beginner Competitions

\$8.00/Competitor

AGE	Reel	Light Jig	Slip Jig	Single Jig
Under 5	B5R	B5L	B5S	B5X
Under 6	B6R	B6L	B6S	B6X
Under 7	B7R	B7L	B7S	B7X
Under 8	B8R	B8L	B8S	B8X
Under 9	B9R	B9L	B9S	B9X
Under 10	B10R	B10L	B10S	B10X

Under 11	B11R	B11L	B11S	B11X
Under 12	B12R	B12L	B12S	B12X
12 and Over	B99R	B99L	B99S	B99X

SOLO COMPETITIONS (Continued)

All Solo competitions will begin immediately following Figure Dancing.

Advanced Beginner Soft Shoe Competitions

\$8.00/Competitor

AGE	Reel	Light Jig	Slip Jig	Single Jig
Under 6	A6R	A6L	A6S	A6X
Under 7	A7R	A7L	A7S	A7X
Under 8	A8R	A8L	A8S	A8X
Under 9	A9R	A9L	A9S	A9X
Under 10	A10R	A10L	A10S	A10X
Under 11	A11R	A11L	A11S	A11X
Under 12	A12R	A12L	A12S	A12X
12 & Over	A99R	A99L	A99S	A99X

Advanced Beginner Hard Shoe Competitions

Speed for Treble Jig 92, Hornpipe 138

\$8.00/Competitor

AGE	Treble Jig	Hornpipe	St. Patrick's Day
Under 6	A6T	A6H	A6P
Under 7	A7T	A7H	A7P
Under 8	A8T	A8H	A8P
Under 9	A9T	A9H	A9P
Under 10	A10T	A10H	A10P
Under 11	A11T	A11H	A11P
Under 12	A12T	A12H	A12P
12 & Over	A99T	A99H	A99P

Novice Soft Shoe Competitions

\$8.00/Competitor

AGE	Reel	Light Jig	Slip Jig
Under 7	N7R	N7L	N7S
Under 8	N8R	N8L	N8S
Under 9	N9R	N9L	N9S
Under 10	N10R	N10L	N10S

Under 11	N11R	N11L	N11S
Under 12	N12R	N12L	N12S
Under 13	N13R	N13L	N13S
Under 14	N14R	N14L	N14S
Under 15	N15R	N15L	N15S
15 & Over	N99R	N99L	N99S

Novice Hard Shoe Competitions

On next page

SOLO COMPETITIONS (Continued)

All Solo competitions will begin immediately following Figure Dancing.

Novice Hard Shoe Competitions

Speed for Treble Jig 92 or 73, Hornpipe 138 or 113
 Traditional Set: Choice of either: Blackbird, Garden of Daisies, Job of Journeywork, Jockey to the Fair, King of the Fairies, or St. Patrick's Day,
 \$8.00/Competitor

AGE	Treble Jig	Hornpipe	Traditional Set
Under 7	N7T	N7H	N7D
Under 8	N8T	N8H	N8D
Under 9	N9T	N9H	N9D
Under 10	N10T	N10H	N10D
Under 11	N11T	N11H	N11D
Under 12	N12T	N12H	N12D
Under 13	N13T	N13H	N13D
Under 14	N14T	N14H	N14D
Under 15	N15T	N15H	N15D
15 & Over	N99T	N99H	N99D

Prizewinner Competitions

Speed for Treble Jig 73 Speed for Hornpipe 113
 Traditional Set: Choice of either: Blackbird, Garden of Daisies, Job of Journeywork, Jockey to the Fair, King of the Fairies, or St. Patrick's Day,
 \$8.00/Competitor

AGE	Reel	Slip Jig	Treble Jig	Hornpipe	Traditional Set
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Under 8	P8R	P8S	P8T	P8H	P8D
Under 9	P9R	P9S	P9T	P9H	P9D
Under 10	P10R	P10S	P10T	P10H	P10D
Under 11	P11R	P11S	P11T	P11H	P11D
Under 12	P12R	P12S	P12T	P12H	P12D
Under 13	P13R	P13S	P13T	P13H	P13D
Under 14	P14R	P14S	P14T	P14H	P14D
Under 15	P15R	P15S	P15T	P15H	P15D
Under 16	P16R	P16S	P16T	P16H	P16D
16 & Over	P99R	P99S	P99T	P99H	P99D

Treble Reel Competition

Open to all competitors

\$8.00/Competitor

Under 13	C13 TR
13 & Over	C99 TR

Preliminary Championship Set Dances

(One Adjudicator)
 U9 Preliminary Championship Competitors must dance a Traditional Set Dance either Blackbird, Garden of Daisies, Job of Journeywork, Jockey to the Fair, King of the Fairies, or St. Patrick's Day,
 \$8.00/Competitor

Under 9	PC9S
Under 10	PC10S
Under 12	PC12S
Under 14	PC14S
Under 16	PC16S
16 & Over	PC99S

PRELIMINARY AND OPEN CHAMPIONSHIP COMPETITIONS

Preliminary Championships

Reel or Slip Jig - Treble Jig or Hornpipe
\$27.00/Competitor (Results Included)

Under 8	PC8
Under 10	PC10
Under 12	PC12
Under 14	PC14
Under 16	PC16
16 & Over	PC99

Open Championships

Reel or Slip Jig – Treble Jig or Hornpipe – Set Dance
\$35.00/Competitor

Under 10	C10 Bursary- Leo White Award
Under 12	C12 Michael Holden Memorial Trophy
Under 14	C14 Larry Heffernan Perpetual Trophy
Under 16	C16 Bursary- Kathleen Fearon Memorial Award
Under 18	C18
18 & Over	C99

DANCING COMPETITION RULES

**Adopted By The North American Feis Commission, 2010
EFFECTIVE JANUARY 1, 2010**

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.
 Penalty for a) or c): Competitor will be disqualified from the Feis

- at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in his/her own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee, and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \$10 per family.
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
 - a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 - b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
 - c) The regional syllabus where the feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
15. Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and

- b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days) in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 - c) The regional syllabus where the feis is being held may have different qualifications for entry.
16. Championships and Preliminary Championships require at least three adjudicators.
 17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the feis is being held may have different qualifications for entry.
 18. The status of the dancer does not change unless there are five or more dancers in a competition.
 19. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
 20. Beginner Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
 - Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
 - Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
 21. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
 22. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
 23. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.
 24. In matters pertaining to adjudication, the decision of the adjudicators is final.
 25. Adjudicators are to monitor the quality of music at the

stage(s) to which they are assigned.

26. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds.

Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

27. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction

28. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).

29. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

30. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.

31. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

32. Each feis is required to list their adjudicators on their syllabus and/or website, one third of which are to be from outside the region where the Feis is being held.

33. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.

Eastern Canadian Region Rules

In addition, the following ECR Rules are in effect:

1. Competitions with five (5) or fewer solo or team entries (a full team being a single entry) must be combined with the next highest age group.

2. Competitions with 30 or more competitors/teams must be split by year of birth. Competitions with fewer than 30 competitors/teams must not be split.

3. Boys and girls must be combined in all grades.

4 Preliminary Championship: In addition to NAFC rule #15, a Preliminary Championship dancer is one who has achieved 1st place in four dances (Reel, Slip Jig, Treble Jig and Hornpipe) in the Prizewinner Grade.

5. Preliminary championship dancers in Under 8 and Under 9 must dance a traditional set dance from the An Coimisun le Rinci Gaelacha approved list.

6. Preliminary Championship traditional sets will be danced three at a time, where stage size permits; otherwise they will be

danced two at a time.

7. Open Championship traditional sets will be danced one at a time.

8. When a Prizewinner set dance competitions is offered, at the time of entry, dancers must be qualified for the Prizewinner grade in at least three of the following: reel, slip jig, treble jig, hornpipe – and be registered to compete in those dances at the feis.

9. All dancers (solo and teams), must be in full costume and correct shoes for award presentations.

The handling of all personal information by Forest City Feis is governed by the [Freedom of Information and Protection of Privacy Act](#). We will not collect your personal information unless you choose to register for Forest City Feis. By submitting personal information to register in Forest City Feis, and by your participation therein, you understand and agree that this information -including but not limited to Name, Age Category, School, and photographs- may be used to track your results as well as to indicate feis enrollment on the website, and that we post any such information with your express permission, and that all parties will abide by the rules as set out by the NAFC, IDTAC and Forest City Feis.

Information collected is retained from the time received until the following year's feis on the Registrar's personal computer. Forest City Feis offers no guarantees of privacy or security for any personal information gathered. Information gathered in this way may be shared with your dance school, other feiseanna, and organizations including but not limited to *An Coimisun le Rinci Gaelacha* (The Irish Dancing Commission), the Irish Dance Teachers Association of North America, the Irish Dance Teachers Association of Canada, and the North American Feis Commission. Information we gather will not be sold to mailing lists or direct marketing lists by Forest City Feis.